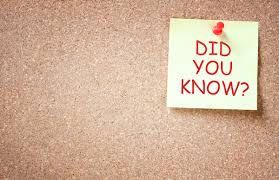
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September

**⭘ ISSUE 1 | ⭘ VOLUME 1 | ⭘ YEAR 2022-2023**

|  |  |
| --- | --- |
| Mr. Eze’  School Counselor  [oheze@nps.k12.va.us](mailto:oheze@nps.k12.va.us) |  |
|  |  |
| Mrs. Reid, LCSW  Military Life Counselor  [areid@nps.k12.va.us](mailto:areid@nps.k12.va.us) |  |
|  |  |

[](https://www.google.com/imgres?imgurl=http://www.myaquablue.com/wp-content/uploads/2016/02/did-you-know.jpg&imgrefurl=http://www.myaquablue.com/15-fun-facts-about-swimming/&docid=-S3L6NoWcb6YbM&tbnid=8hqoKDq26YGIBM:&vet=10ahUKEwi4xvH18NHeAhXPmOAKHVmqC-4QMwjKAShQMFA..i&w=600&h=388&safe=active&bih=637&biw=1280&q=Fun%20Facts&ved=0ahUKEwi4xvH18NHeAhXPmOAKHVmqC-4QMwjKAShQMFA&iact=mrc&uact=8)

**Military Life Counselor**

***MFLC-* Stands for – “Military Family Life Counselor”**

**We have a military family life counselor *(MFLC*) at W.E.C.C. Please take advantage of this free, valuable resource provided by the Department of Defense.**

**Our *MFLC* (Mrs. Alberta Reid) is here to meet the needs of military children by:**

* **Observing, participating, and engaging in classroom activities**
* **Meeting one-on-one or in groups, providing evidence-based prevention and intervention services**
* **Linking families with community resources or military family programs**
* **Conducting individual sessions to address the unique challenges of school-aged military children and youth**

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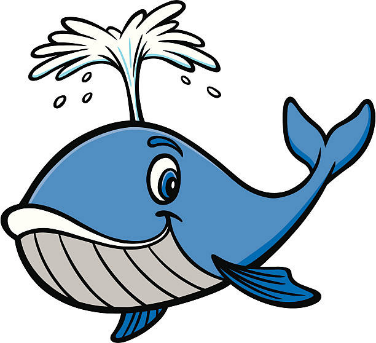
[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwjzqMCw_aveAhXJJt8KHRU4AR8QjRx6BAgBEAU&url=http://worldartsme.com/professional-border-clipart.html&psig=AOvVaw0EyR_1E0DnwqGHNnjo4Om-&ust=1540913563927003)

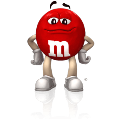
*At Willoughby we teach the Heart and Mind.*

Dear Students,

1. We trust you.
2. We believe in you.
3. You are cared for.
4. You are listened to.
5. You are important.
6. You will succeed.



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***My Favorites***

*I enjoy spending time with my family and traveling. I am a military brat, so all my family and friends are scattered all over the world.*

*I am an identical twin and a military brat. I also come from a family of 1o siblings. I love seafood, cooking, shopping, reading, and sports.*

***Education***

*I received my Master’s degree from Norfolk State University in Urban Education: School Counseling in 2021.*

***Welcome***

*Hello!! I am Mr. Eze’ aka Mr. E'. I am very excited to be at Willoughby Early Childhood Center Whales. This is my first year as a School Counselor. I have been with NPS since 2005 as an administrator and other various roles. As a School Counselor I am thrilled to work with your child this school year by providing academic support, learning, and experiencing new adventures.*

***Contact Me***

*Please feel free to contact me by email or phone*

*757-531-3126 ext. 3024*

[*oheze@nps.k12.va.us*](mailto:oheze@nps.k12.va.us)

October