

September

**⭘ ISSUE 1 | ⭘ VOLUME 1 | ⭘ YEAR 2022-2023**

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| Mr. Eze’School Counseloroheze@nps.k12.va.us |  |
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| Mrs. Reid, LCSWMilitary Life Counselorareid@nps.k12.va.us |  |
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**Military Life Counselor**

***MFLC-* Stands for – “Military Family Life Counselor”**

**We have a military family life counselor *(MFLC*) at W.E.C.C. Please take advantage of this free, valuable resource provided by the Department of Defense.**

**Our *MFLC* (Mrs. Alberta Reid) is here to meet the needs of military children by:**

* **Observing, participating, and engaging in classroom activities**
* **Meeting one-on-one or in groups, providing evidence-based prevention and intervention services**
* **Linking families with community resources or military family programs**
* **Conducting individual sessions to address the unique challenges of school-aged military children and youth**



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*At Willoughby we teach the Heart and Mind.*

Dear Students,

1. We trust you.
2. We believe in you.
3. You are cared for.
4. You are listened to.
5. You are important.
6. You will succeed.







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***My Favorites***

*I enjoy spending time with my family and traveling. I am a military brat, so all my family and friends are scattered all over the world.*

*I am an identical twin and a military brat. I also come from a family of 1o siblings. I love seafood, cooking, shopping, reading, and sports.*

***Education***

 *I received my Master’s degree from Norfolk State University in Urban Education: School Counseling in 2021.*

***Welcome***

*Hello!! I am Mr. Eze’ aka Mr. E'. I am very excited to be at Willoughby Early Childhood Center Whales. This is my first year as a School Counselor. I have been with NPS since 2005 as an administrator and other various roles. As a School Counselor I am thrilled to work with your child this school year by providing academic support, learning, and experiencing new adventures.*

***Contact Me***

*Please feel free to contact me by email or phone*

*757-531-3126 ext. 3024*

*oheze@nps.k12.va.us*

October